



SUNRISE

Native Addictions Services Society

1231 - 34th Avenue N.E., Calgary, AB T2E 6N4

(P) 403-261-7921 (F) 403-261-7945 Administration

(F) 403-269-5578 Client Admissions

(E) nasgeneral@nass.ca

Important Information for Clients

(Please keep for your information – Do not send back)

Appointments:

All legal, medical, educational, employment, housing and child-care services must be dealt with prior to admission. Clients will not be allowed to attend outside appointments/court dates etc. while in the 63 day Inpatient Program.

Financial Information

- Please ensure arrangements have been made for funding for treatment.
- If paying room and board fees personally, Sunrise will only accept money orders or certified cheques.
- If you are paying for your treatment please have a bank draft or money order made out to Sunrise Native Addictions Services Society prior to admission.
- Room and Board fees are your responsibility. You can access funding through Alberta Employment and Immigration - if eligible. If you are being mandated to attend treatment please have your worker approve funding prior to admission in writing.
- Do not bring in large amounts of money - only bring enough to get by for example - leisure time activities, vending machines, or extra tobacco. We will not hold money for clients and are not responsible.

Application:

Please ensure your application, including your medical assessment, is complete. After your application is sent/faxed allow 2 to 3 days for processing. Once your application has been approved, we will give you a confirmation date. You are responsible to call the Admissions Clerk 2 times a week to check in – you can leave a message. If you do not check in, your bed may be given to another client.

What to Bring to Treatment:

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| • Shampoo & Conditioner | • Deodorant |
| • Hand and Body Soap | • Shaving material (shaving cream and razor) |
| • Tooth brush, tooth paste | • Hair brush and combs |
| • Alarm clock | • Hair Dryer/Flat Iron |
| • Slippers, Moccasins | • Swimming suit |
| • Clothes according to season | • Tobacco - Enough for two weeks minimum |
| • Phone cards for long distance phone calls. | |

Medications:

- **Please ensure all prescriptions have been filled and that there is enough for the first two weeks of treatment.**
- All medications must be approved by your doctor prior to admission. Medications must be in their original packaging with original labels. No vitamins or sleeping aids without prescriptions are allowed while in treatment.

Other Stuff:

- You must stop gambling and using drugs & alcohol a minimum of 3 days before your admission. If you need help to stop using drugs &/or alcohol prior to your admission, let us know and we will help you with a referral.
- We reserve the right to perform random drug and alcohol tests.
- You may not bring any items containing alcohol or acetone, cell phones or any electronic devices - Such items will be put in storage until the end of your stay.
- No outside food (i.e. Candy, pop, etc.) is allowed into the agency. Sunrise has vending machines. All outside food and drinks will be disposed of upon admission and after passes.
- Don't bring any of your own bedding or towels, Sunrise will be supplying all bedding and towels. No stuffed toys.
- If you must use your vehicle for transportation to Sunrise, please be aware that you will not be able to use it during the (9) weeks of your treatment. Keys must be handed in to staff at the time of admission.
- No couples, siblings, or immediate families are permitted to attend any Sunrise programs at the same time.
- You will be expected to arrive at the agency **between 8:00 am and 12:00 noon.**
- You must call the Admissions Clerk (2 times a week) to check in and if you fail to do so your treatment date may be bumped or you may be taken off the list completely. The Admissions Clerk phone number is: 403-269-5567.
- You must be aware that you are responsible for return transportation if you are discharged from treatment or choose to leave the program early.
- Smoking is allowed only outside the centre in designated areas and during specific times.
- Treatment groups run 7 days a week. It is mandatory for you to attend all groups, including 12 Step meetings and Cultural activities.
- Open communication occurs between all counselors. Sunrise strictly upholds client confidentiality outside of the agency.
- You will have access to the phone during phone time only.
- Visiting hours are on Saturdays only. The hours are 1:00pm to 9:00pm for adults and 1:00pm to 6:00pm for children.
- Sunrise does not provide housing services to clients. You are welcome to look after your own housing needs for after treatment, on your Thursday AM or Saturday pass.